



Elite Fitness Spin-a-thon



Saturday, April 10th, 2010 8:00am – 12:30pm

Refreshments, Music, Raffle Prizes, Child Care!!

Schedule: 7:30 am Check-in Opens 8:00 am Ride begins Teammates will switch @ 9:10, 10:20 and 11:30am

Every team registration reserves (1) bike for the (4) hour event. Each person on the team will ride for one of the hours listed above. For every hour your ride, you get (1) raffle ticket.

Additional raffle tickets are available for purchase as well (6) tickets for \$5.00

Team Name: _____

Team Captain Information:

Name: _____ **email address:** _____

Address: _____ **Phone:** _____

Free Child Care # children/ages: _____

If you will be utilizing the child care service, advanced reservations must be made. Please indicate number of children and their ages below.

Team Information – Complete address and postal code required to issue charity tax receipts, 1 to 4 participants, 100% proceeds will benefit the UMDF – United Mitochondrial Disease Foundation

Name	Address	Amount paid	Phone	Time Slot	Child Care # children/ages

Deadline for registration is Monday, April 5th

Team Registration fee \$100 _____ Individual Registration Fee \$35 per person, per hour _____

Corporate Matching donation _____ Additional Donations _____

Raffle Ticket Purchase _____ Total Enclosed: _____

(Attention Team Captains: please collect the fees from your team's riders and submit them as they were given to you (i.e. cash turned in as cash). This is necessary for receipt purposes.) Please make all checks payable to: UMDF.

For myself and my executors and administrators, I/we hereby release the UMDF, any event sponsors, Elite Fitness, and any event volunteers and each of their respective officers, employees, successors and assigns from any and all claims and damages arising out of any injury or condition that I may suffer as a result of participating in this event. Further, I hereby grant full permission to any and all of the foregoing to use my photograph or any other record of the event for legitimate purposes.

Signature: _____ **Signature:** _____

Signature: _____ **Signature:** _____

Drop off registration form with team payment(s) at the Elite Fitness Desk, attention Brooke Furino or mail it to: Brooke Furino 5905 Stephanie Lane Solon, OH 44139. For questions, please contact Brooke Furino at 440-542-1445 or at brooke@42connect.com.

All money raised goes to the United Mitochondrial Disease Foundation (UMDF) with more than 90% of the money earmarked for research grants, raising awareness and for programs and services for affected families. Mitochondrial disease results when a person's mitochondria (the "power plant" in each cell) can not convert food and oxygen into life-sustaining energy. Half of the people who develop mitochondrial disease are under age 5 and many won't live past their teenage years. **There is no known cure or effective treatment.** **All participants must be at least 16 years of age**